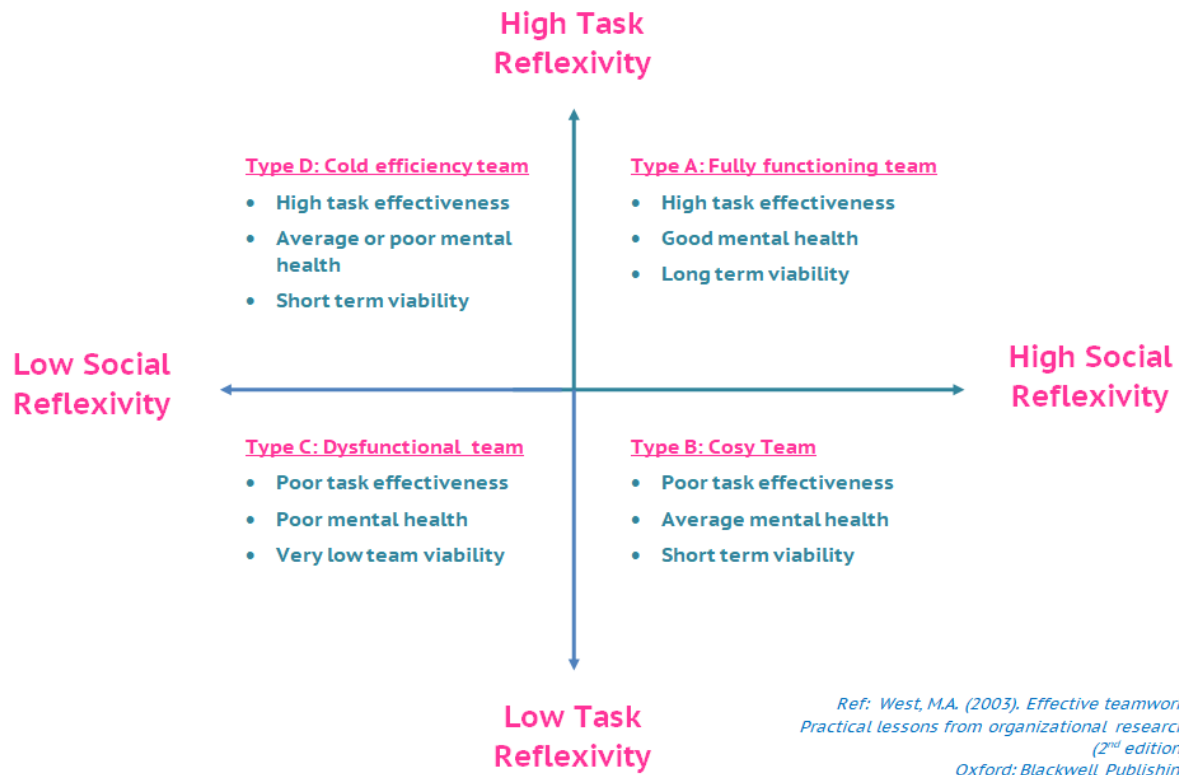


Team Reflection

Remember Team Resilience Conversations can only take place when all team members are at Coping resilience level or above. Everyone needs to feel safe to contribute and be heard.

Building in on-going team reflection as a normal way of "doing things around here".



- Notice where do we sit as a team in this reflexivity matrix?
- When do we reflect on task as a team?
- When do we reflect on how we are working together as a team?
- What do we need to do, to reflect well on task and our functioning together as a team?
- When will we specifically reflect on how we are working together as a team?
- What are the challenges and how will we make sure this time to reflect on our working together as a team doesn't get lost?
- How will we hold each other accountable for this?